

LEARN

Boy you people give some crazy good detailed advice. Where else in the world could someone get support like this? Kudos folks!

-elader

GET SOME SLEEP!

This should be an adventure.

I wish to thank the people who got this site going. So far it has been a lot of guessing on my part. I can see that with the help of this site I can ask informed questions and better understand the answers.

I thank you all...

- lancegross 1

SLEEP APNEA?

Wouldn't It Be Nice To Talk To Someone With First Hand Experience?

What About 40,000 Someones?

CPAPtalk.com

THE LARGEST ONLINE FORUM FOR SLEEP APNEA PATIENTS!

WELCOME TO CPAPTALK!

Welcome to our online Sleep Apnea community! CPAPtalk is a great resource for new and existing CPAP users to learn more about their condition, treatment options and other related topics. Our forum is easy to use, easy to navigate and it's available 24 hours a day, 7 days a week. Below is a snapshot of how to use CPAPtalk.com.

OUR FORUM

Adjusting to sleep therapy is difficult. There is a lot to learn and a lot to adjust to. Using our forum helps bridge the gap between restless nights and restful ones. Log in or don't. Be anonymous or build a profile. Post threads asking questions or share your story. CPAPtalk allows users to tailor their sleep support in order to get the right answers.



NEW USERS

You've just been diagnosed with Sleep Apnea. Your doctor is speaking Greek (literally, Apnea means "without breath" in Greek), and you have no idea what the difference is between a mask and a humidifier. Don't worry. We've got the information you need.

SEARCH OUR FORUM

Treating Sleep Apnea is complicated. Finding answers shouldn't be. Our comprehensive search engine allows users to search anything they want, and delivers relevant results.

Obtaining valuable sleep therapy advice is as easy as clicking "Play"! Figure out what size mask you need, watch testimonials and more.

PRODUCT CHALLENGE

Trying to decide which equipment is the best? Visit the Product Challenge portion of our site to see how competing products stack up against each other. Not only is our feedback unbiased by manufacturers, it comes straight from the users themselves. Determine which equipment will work best for you.